



ST. BRENDAN THE NAVIGATOR

Deer Isle Maine

Our **Mission** is to **love, praise, welcome, and serve:**

- to **love** one another as Christ loves us,
- to **praise** God in all things,
- to **welcome** and affirm all persons,
- to **serve** the needs of one another and of those on the island, the peninsula, and throughout the world.

Pastor Elaine Hewes, Priest in Charge and Celebrant

Connie Mayo, Music Director and Organist

Fifth Sunday in Lent

Practicing Makes Possible

March 17, 2024

We honor the Indigenous people across the globe, in particular the Wabanaki Nations, acknowledging that the land we now occupy is their ancestral home. We give thanks for their rich heritage. May we always remember, as do the Wabanaki peoples, that the Earth does not belong to us, rather, we belong to the Earth. Let us remember that we are all members of one great community of life. May we learn from our past mistakes and be instruments of justice and peace for all people in today's world, and for all creation. We ask for inspiration that we might be compelled to take action and support our native neighbors as they seek their sovereignty here in Maine.

The Gathering of the Community

The service begins with the ringing of the bell three times.

Prelude: *Fugue on the Kyrie*

Francois Couperin

Silence is begun and ended with a ring of the bell.

Opening Hymn ELW 637 *Holy God, Holy and Glorious (in back of bulletin)*

Celebrant: God of love, as we journey through this Lenten season,

Congregation: **Help us practice the ways of love.**

Celebrant: God of peace, as we journey through this Lenten season,

Congregation: **Help us practice the ways of peace.**

Celebrant: God of justice, as we journey through this Lenten season,

Congregation: **Help us practice the ways of justice.**

Celebrant: God of all that was and is and is yet to come, as we journey through this Lenten season,

Congregation: **Help us practice the music you are until we are the music you intend us to be.**

Celebrant: Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

Let us confess our sins against God and our neighbor.

Celebrant and Congregation: **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Congregation: **Amen.**

Kyrie

Cantor: Lord, have mer - cy. *All:* Lord, have mer - cy.

Cantor: Christ, have mer - cy. *All:* Christ, have mer - cy.

Cantor: Lord, have mer - cy. *All:* Lord, have mer - cy.

Music: Based on *My Soul's Been Anchored in the Lord*, *Welcome Table: A Mass of Spirituals*, Kim R. Harris, M. Roger Holland II, © 2012, GIA Publications, Inc.

The Collect of the Day

Celebrant: May God be with you.

Congregation: **And also with you.**

Celebrant: Let us pray

O God, with steadfast love you draw us to yourself, and in mercy you receive our prayers.

Strengthen us to bring forth the fruits of the Spirit, that through life and death we may live in

your Son, Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

Congregation: **Amen.**

The Proclamation of the Word

First Lesson: Jeremiah 31:31-34

The days are surely coming, says the LORD, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the LORD. But this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, “Know the LORD,” for they shall all know me, from the least of them to the greatest, says the LORD; for I will forgive their iniquity, and remember their sin no more.

Reader: Hear what the Spirit is saying.

Congregation: **Thanks be to God.**

Psalm 119: 9-16

How shall a young man cleanse his way?

By keeping to your words.

With my whole heart I seek you;

let me not stray from your commandments.

I treasure your promise in my heart,

that I may not sin against you.

Blessed are you, O LORD;

instruct me in your statutes.

With my lips will I recite

all the judgments of your mouth.

**I have taken greater delight in the way of your decrees
than in all manner of riches.**

I will meditate on your commandments

and give attention to your ways.

My delight is in your statutes;

I will not forget your word.

Second Lesson: Letter to the Hebrews 5:5-10

Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him,

“You are my Son,

today I have begotten you”;

as he says also in another place,

"You are a priest forever,
according to the order of Melchizedek."

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

Reader: Hear what the Spirit is saying.

Congregation: **Thanks be to God.**

Sequence Hymn *We will rise up and follow (sung by the Choir)*

Congregation joins in the refrain:

We will rise up and follow
Christ before and beside us,
Loving pattern to guide us,
as we answer the call

The Gospel: John 12:20-33

Celebrant: The Holy Gospel of our Savior Jesus Christ according to John.

Congregation: **Glory to you, O Christ.**

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus."

Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor.

"Now my soul is troubled. And what should I say—'Father, save me from this hour'? No, it is for this reason that I have come to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him."

Jesus answered, "This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself." He said this to indicate the kind of death he was to die.

Celebrant: The Gospel of Christ.

Congregation: **Praise to you, O Christ.**

Sermon

Pastor Elaine Hewes

Silence will be commenced and ended with the sounding of a bell.

Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

Let us pray that we seek to turn toward your way, O God.
May our Lenten observances bring renewal of spirit and clarity of vision to practice the way of Jesus.

Let us pray for political and religious leaders everywhere.
May their efforts and ours to foster global peace and justice be rooted in a change of heart that turns away from violence and seeks the good of the poor, powerless, and defenseless of our world.

Let us pray for all who suffer due to a lack of justice in our world.

May we help them find hope through our actions to improve the common good.

Let us pray for those places and people dear to us.

May our prayers for healing and wholeness bring peace and comfort.

Let us pray for those who will die today and for those who mourn.

May your Spirit of light and life enfold them in the promise of your eternal love.

Let us pray for ourselves

May we adopt practices that confront our fears, thereby freeing us to live lives of justice and love.

Leader: We remember those on our prayer list:

Carlotta, Megan, Avery, Presiding Bishop Michael Curry, Bishop Thomas Brown,
Naomi, Carol Simanton, Billy Nutter, Theo, Robert B. Tobin, Anne Burton, Hewit,
Pat and Dave, Mary Ann and Terry, Nishah, David Morrish, Corbin, Rebecca,
Susan Wade, Pam B., Jase, Jaxson, Heather Corey, Stephen Gill, Brent Was,
Stewart and Julie, Gary and Wellesley, Mary Blanco, Mary Lawrence Hicks and family,
Bill Scaife, Max, Skip Greenlaw, Bob Budd, Nancy, Peter Brown, Heather Callister, Nick,
Seth, Linda Shepard and family, Mary Ann Shaw, Lindsay Bowker, Nancy Boothby,
Marcia Scott, Tony Stoneburner, Carol Stoneburner, Nancy Stearns, Isabelle H.

Leader: Please add your own prayers and thanksgivings.

Members of the congregation are invited to add prayers and thanksgivings at this time.

Leader: Do any of you on Zoom wish to add prayers and thanksgivings?

Congregation: **Merciful God, You created us from the dust of the earth,
and breathed your own life into our very being.
You recreated us in Christ through the waters of Baptism,
that we might share as a people your fullness of life.
During these forty days,
may our fasting strengthen us to seek your justice,
may our prayer lead us to become makers of peace,
and may our sharing quicken the seeds of your Rule,
present in all human hearts, and growing in mystery,
through Jesus our Way. Amen.**

The Peace

Celebrant: Peace within yourself.

Peace with Creation.

Peace with you who are with us remotely today.

Peace with one another.

The peace of Christ be always with you.

Congregation: **And also with you.**

The people exchange the peace.

The Holy Eucharist

Offertory Hymn 474 *When I survey the wondrous cross (in back of bulletin)*

The Great Thanksgiving

Celebrant: The Lord be with you.

Congregation: **And also with you.**

Celebrant: Lift up your hearts.

Congregation: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

Congregation: **It is right to give our thanks and praise.**

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus *(next page)*

HOLY, HOLY, HOLY

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Ho - ly, Ho - ly, Ho - ly Lord God of hosts.

Heav-en and earth are full of your glo - ry. Ho -

san - na in the high-est. Ho - san - na in the high-est. Ho -

san - na in the high - est. Bless-ed is

he who comes in the name of the Lord. Ho -

san - na in the high - est.

8

Text: ICEL, © 2010
 Music: Based on *Ol' Time Religion, Welcome Table: A Mass of Spirituals*, Kim R. Harris, M. Roger Holland II, © 2012, GIA Publications, Inc.

Celebrant: Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and Congregation: **Christ has died. Christ is risen. Christ will come again.**

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

Congregation: **Amen.**

Celebrant: As our Savior Christ has taught us, we now pray:

Congregation:

**Our Father in heaven, hallowed be your Name,
Your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power,
And the glory are yours, now and for ever. Amen.**

Fraction Anthem

We break this bread to share in the Body of Christ.

We who are many are one body, for we all share in the one bread.

Celebrant and Congregation: **In union with the faithful gathered at every altar of the Church where the bread and wine are offered, and in union with those who are with us today by the internet, we offer praise and thanksgiving for creation and all the blessings of this life. We believe that Jesus is present in the Breaking of the Bread, the Holy Sacrament of Communion**

and in ways more numerous and mysterious than we can imagine. We embrace you, Jesus, with all our hearts, souls and minds. Nothing can separate us from you, nor are we separated from one another.

The gifts of God for the people of God ...

Those gathered at St. Brendan receive the bread and wine.

Celebrant: And now may the Presence of Jesus, in whatever form it has come to you this morning, nourish you in grace, comfort you in love, and inspire you to be Christ's presence in the world.

Post Communion Prayer

God of abundance,

you have fed us

with the bread of life and cup of salvation;

you have united us with Christ and one another;

and you have made us one with all your people in heaven and on earth.

Now send us forth

in the power of your Spirit,

that we may proclaim your redeeming love to the world

and continue for ever in the risen life of Christ our Savior. Amen.

The Blessing

Sending Hymn 686 *Come thou fount of every blessing (in back of bulletin)*

Postlude: *Southwell*

Healey Willan

Announcements

Dismissal

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GIVING OUR PRIORITIES SHAPE (GPS) ACTION ITEM

Fasting

We have been considering the Lenten practices of prayer and almsgiving these past four weeks. For the next two weeks, please consider what the third traditional practice or discipline of Lent – "fasting" – might mean for you.

One possibility in this war-torn world is to FAST from the news from the major media, at least long enough to read the news from the organizations that are there meeting the migrants and refugees, feeding the hungry, caring for the sick, and welcoming the stranger.

Could you consider getting your news from the bottom rather than from the top? Here are a few organizations on the front line of the works of mercy in our world (see the Navigator for live links):

- **Annunciation House** in El Paso, Texas, has several houses of hospitality for immigrants.
- **No Más Muertes (No More Deaths)** in Phoenix, Arizona, has provided emergency assistance to immigrants who cross the desert seeking safety.
- For 70 years, **UNRWA**, the United Nations relief agency, has been mandated to meet the humanitarian needs of Palestinian refugees, who now number 6 million.
- The **Maine Multicultural Center** promotes community enrichment and economic growth by attracting, retaining, supporting, and integrating people of diverse cultures and backgrounds into greater Bangor.

Consider what you need to fast from to make your heart, mind, and hands more available for the work of the Gospel.

CALENDAR

**All services and meetings will be held both in-person and via Zoom
unless otherwise designated.**

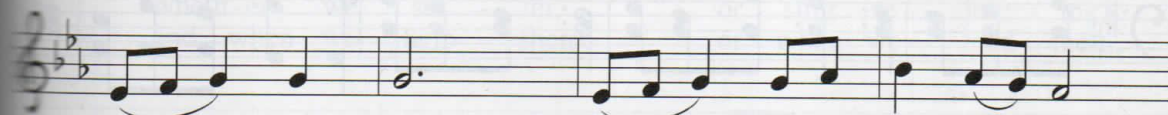
Monday, March 18	4:30 p.m. Meditation/Silent Prayer (Zoom)
Wednesday, March 20	10:30 a.m. Bible Study: Final session: C.S. Lewis and <i>The Screwtape Letters</i> 2:45 p.m. Choir Practice (in person) 4:00 p.m. Lenten Vespers Service, Diane Greenlaw, reflector
Friday, March 22	4:30-6:30 p.m. Spring Equinox Concert with Moment's Notice Jazz Quartet
Saturday, March 23	8:30 a.m. Men's Breakfast - All men are invited to join in fellowship and grub. Please RSVP to George so the chef has a headcount.
Palm Sunday, March 24	10:00 a.m. Holy Eucharist with The Rev. Emily Blair Stribling presiding.

Looking Ahead

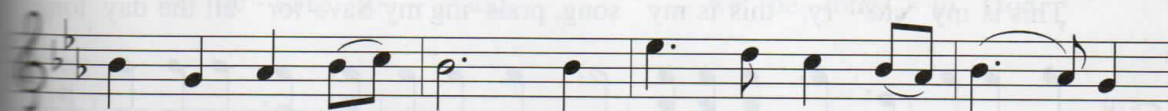
Friday, April 5	4:30 – 6:30 p.m. Empty Bowl Supper
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Holy God, Holy and Glorious

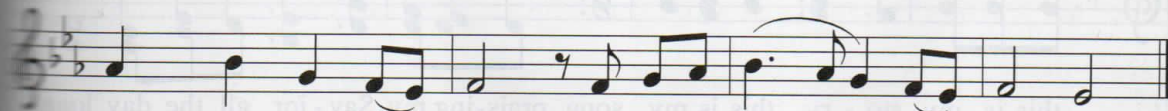
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1 Ho - ly God, ho - ly and glo - ri - ous,
 2 Ho - ly God, ho - ly and pow - er - ful,
 3 Ho - ly God, ho - ly and beau - ti - ful,
 4 Ho - ly God, ho - ly and on - ly wise,
 5 Ho - ly God, ho - ly and liv - ing one,



glo - ry most sub - lime, you come as one a - mong us
 pow - er with - out peer, you bend to us in weak - ness;
 beau - ty un - sur - passed, you are de - spised, re - ject - ed;
 wis - dom of great price, you choose the way of fol - ly:
 life that nev - er ends, you show your love by dy - ing,



in - to hu - man time, and we be - hold your glo - ry.
 emp - tied, you draw near, and we be - hold your pow - er.
 scorned, you hold us fast, and we be - hold your beau - ty.
 God the cru - ci - fied, and we be - hold your wis - dom.
 dy - ing for your friends, and we be - hold you liv - ing.

Susan R. Briehl, b. 1952

Robert Buckley Farlee, b. 1950

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NELSON

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When I survey the wondrous cross *The Hymnal 1982, #474*

1 When I sur - vey the won - drous cross where the young
 2 For - bid it, Lord, that I should boast, save in the
 3 See, from his head, his hands, his feet sor - row and
 4 Were the whole realm of na - ture mine, that were an

Prince of Glo - ry died, my rich - est gain I
 cross of Christ, my God: all the vain things that
 love flow min - gled down! Did e'er such love and
 of - fering far too small; love so a - maz - ing,

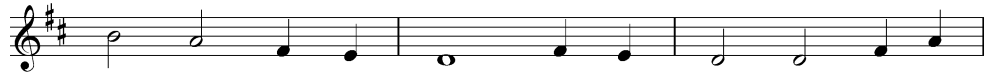
count but loss, and pour con - tempt on all my pride.
 charm me most, I sac - ri - fice them to his blood.
 sor - row meet, or thorns com - pose so rich a crown?
 so di - vine, de - mands my soul, my life, my all.

Words: Isaac Watts (1674-1748). Music: *Rockingham*, from *Second Supplement to Psalmody in Miniature*, ca. 1970; harm. Edward Miller (1731-1807).

Come, thou fount of every blessing *The Hymnal 1982, #686*



1 Come, thou fount of ev - ery bless - ing, tune my
 2 Here I find my great - est trea - sure; hith - er,
 3 Oh, to grace how great a debt - or dai - ly



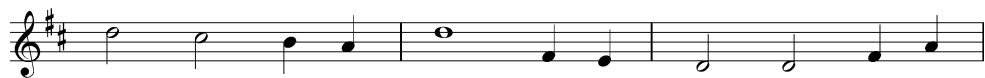
heart to sing thy grace! Streams of mer - cy nev - er
 by thy help, I've come; and I hope, by thy good
 I'm con - strained to be! Let thy good - ness, like a



ceas - ing, call for songs of loud - est praise.
 plea - sure, safe - ly to ar - rive at home.
 fet - ter, bind my wan - dering heart to thee:



Teach me some me - lo - dious son - net, sung by
 Je - sus sought me when a stran - ger wan - dering
 prone to wan - der, Lord, I feel it, prone to



flam - ing tongues a - bove. Praise the mount! Oh, fix me
 from the fold of God; he, to res - cue me from
 leave the God I love; here's my heart, oh, take and



on it, mount of God's un - chang - ing love.
 dan - ger, in - ter - posed his pre - cious blood.
 seal it, seal it for thy courts a - bove.

Words: Robert Robinson (1735-1790), alt. Music: *Nettleton*, melody from *A Repository of Sacred Music, Part II*, 1813; harm.
 Gerre Hancock (b. 1934).